## THE HOWARD ARMS

## Breakfast Menu

Monday to Friday: 8.00am – 9.30am Saturday and Sunday: 8.30am – 10.00am

Please help yourself to the following at our buffet table ...

Freshly squeezed orange juice

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Muesli with fresh banana & grapes (Muesli contains raisins, apricots, sultanas, banana, multi-grain flakes, pumpkin & sunflower seeds, flaked almonds & whole hazelnuts)

Prune compote with natural yogurt

Cornflakes, Rice Crispies or Weetabix

Also available...

Porridge with Cotswold honey

Sweet melon with a compote of berries

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Full English breakfast
Grilled back bacon, pork & herb sausages, grilled tomatoes,
Flat cap mushrooms, black pudding,
baked beans & fried, scrambled or poached eggs

Wye Valley smoked salmon & scrambled eggs on buttered granary toast

Smoked haddock & poached egg

Boiled eggs with soldiers. (Let us know how many minutes)

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Our breakfasts are served with a basket of toast, tea or coffee.

Allergies? If you're unsure about the ingredients in any one of our dishes, please ask to see our Allergen Menu for all you need to know...